



**Healthy Children
in
Healthy
Environments**

**September 10,
2016**



NEVIS CARIBBEAN WELLNESS MONTH 2016 ACTIVITIES

7th - 9th September

PE Activities/Education Sessions (In All Primary Schools)

8th & 10th September

Nevis Marathon Running Festival

9th September

#Sneaker Day

10th September

Fun - Run - Walk

Start Time: 6 am @ Samuel Hunkins Drive

19th September

F.I.T Wellness Games

Caribbean Wellness Month Health Matters TV Series

Mondays NTv8 at 8:30pm

Daily Radio Health Tips