

HIV Surveillance

The table below shows the number of Clients currently Receiving Care and Support in Nevis.

Age Group	Male	Female	Total
20-24	1	1	2
25-29	0	0	0
30-34	1	0	1
35-49	2	0	2
40-44	0	2	2
45-49	0	1	1
50-54	1	3	4
55-59	2	0	2
60+	5	2	7
Total	12	9	21

SUMMARY OF VITAL STATISTICS NEVIS 2022 - 2023

Health Indicators	2022	2023
Total Population Estimates	12,965	13,030
Total Births	105	98
Crude Birth Rate	8.1	7.5
Twin Birth	0	2
Total Teenage Births	9	5
Teenage Birth Rate per 100 Births	8.6	5.1
Teenage Live Birth Rate per 100 Live Birth	8.6	5.1
Total Deaths	114	104
Crude Death Rate per 1000 Population	8.8	8.0

Orange, Grape and Infused Water



Ingredients

- 4 tangerines (peeled and sliced)
- 1 cup red grapes cut in half
- water or sparkling water to fill bottle or jug

Directions

- Peel and slice tangerines.
- Cut grapes in half.
- Put ingredients in your infuser bottle or a glass jug then add water. Let it infuse for two hours and then drink throughout the day.

Health Days Observed Jan– Mar

January - Cervical Cancer Awareness

February 4th - World Cancer Day

February 15th - International Childhood Cancer Day

March 4th - World Obesity Day

March 8th - International Women's Day

March 14th - World Kidney Day

March 22nd - World Water Day

March 24th - World TB Day



Nevis Health Promotion Unit
Promote. Prevent. Protect.
Ministry of Health
&
Gender Affairs



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DATA FOR ACTION

SELECTED HEALTH DATA

for the period

January—March , 2024

- This leaflet presents data routinely collected by staff within the Ministry of Health (MoH).
- The objective is to share quarterly health data with the general public.
- The data presented aims to highlight trends and potential problems.
- It is envisaged that positive trends will be re-enforced; negative trends will be addressed and opportunities to initiate pre-emptive and/or corrective actions will be embraced.
- The data generated were made possible by the entire health team and is intended to inform decision making policies using evidence based practices.

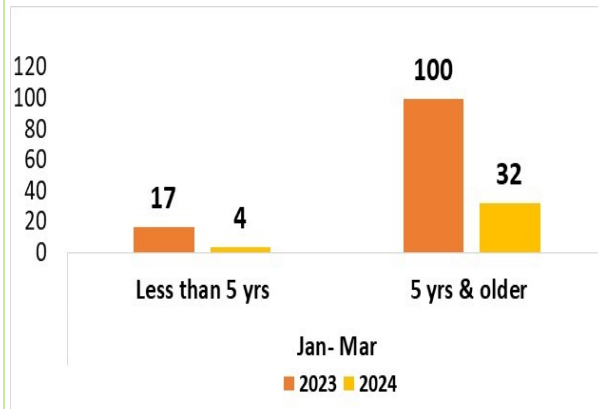
*The Right Knowledge
To the Right People
At the Right Time*

Communicable Disease Surveillance.

Outbreaks of Gastroenteritis (GE), Fever & Respiratory Symptoms (ARI) and Dengue Fever were identified in the first quarter of 2024.

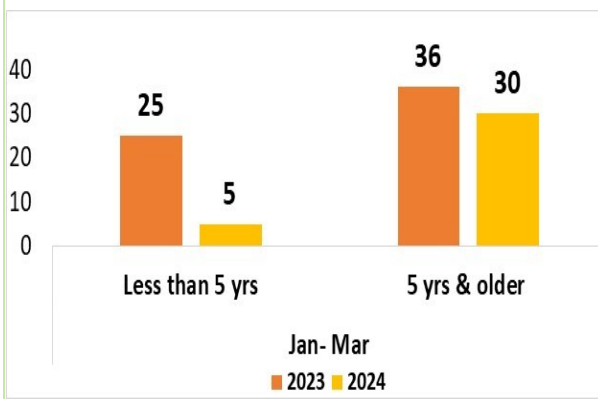
A total of 36 persons were treated (mainly at Out- Patient Department) for GE and discharged.

Graph Showing GE by Age Group 2023-2024



A total of 35 persons were treated (mainly at Out- Patient Department) for ARI and discharged.

Graph Showing ARI by Age Group 2023-2024



Communicable Disease Surveillance Cont'd.

For the period under review the following disease conditions were also reported:

Diseases	Reported Cases
Chickenpox	Suspected - 2
Ciguatera Poisoning (Fish Poison)	Suspected - 4
Dengue Fever	Confirmed - 7 Negative - 33
Foodborne Illness	Suspected - 4
Influenza	Confirmed - 2 Negative - 4 Suspected - 4

The response to outbreaks is similar to previous years. Members of the Public Health team take action to inform the public of potential or actual outbreaks and provide information on strategies for the prevention and control of the diseases.



It's What You Can't See. (Infectious Diseases)

Our feature this quarter is **Gastroenteritis - (Stomach Flu)**

Gastroenteritis is a bacterial or viral intestinal infection marked by diarrhea, cramps, nausea, vomiting and fever.

⇒ The symptoms for gastroenteritis can last up to 10 days. During this time an infected individual is contagious.

⇒ The best way to protect yourself and others against gastroenteritis is to wash your hands properly and frequently.

COVID-19 Update

The table below shows the overall number of COVID-19 cases, recoveries and deaths for 2020-2024.

Total Recoveries	1133
Total Deaths	7
Total Cases	1140

Non - Communicable Disease Surveillance. (NCD's)

For the period under review the table shows the number of visits at all Health Centres for NCD's.

No. of Patients	398
First visit to HC in year	348
Return visit to HC in year	50
Male	176
Female	222

Source: Nevis Health Promotion Unit using data reported by the Hospital, Community Health Centres and Private Physicians.

*Some cases are undergoing verification so numbers may change.