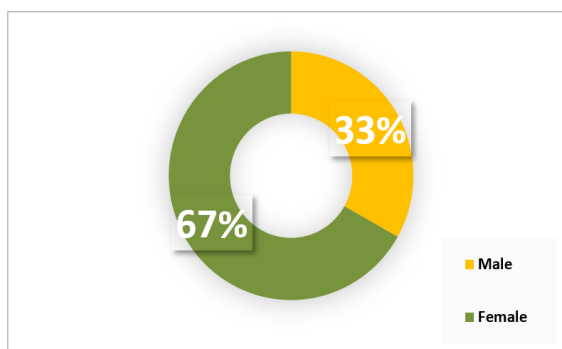


The table below gives a comparative look at the new cases of Hypertension 2020-2025.

NEW HYPERTENSION CASES				
2021	2022	2023	2024	2025
46	32	49	39	23

The figure and table below highlight the Gender and Age Range of Registered Hypertension Clients in Nevis 2025.



Registered Hypertensive Clients by Age Range in Nevis 2025

Age Range	Male	Female	Total
30 - 39	5	13	18
40 - 49	14	35	49
50 - 59	24	60	84
60 - 69	52	90	142
70 - 79	45	90	135
80 - 89	28	56	84
90 - 99	7	16	23
100+	0	1	1
Not Stated	26	44	70

Pineapple and Rosemary Infused Water



Ingredients

- 1 cup of chopped pineapple
- 1/2 cup fresh rosemary (or 1 long sprig)

Directions

- Wash fruit and herbs well.
- Chop and slice ingredients as necessary, and add into a large jar or jug, fill jar with ice cold water.

Health Days Observed.

APRIL

7th - World Health Day

14th - World Chagas Disease Day

24th - 30th - World Immunization Week

25th - World Malaria Day

25th - May 2nd - Vaccination Week in the Americas

28th - World Day for Safety and Health at Work

MAY

4th - 8th - Caribbean Mosquito Awareness Week

5th - World Hand Hygiene Day

5th - International day of the Midwife

12th - International Nurses Day

12th - 28th - World Salt Awareness Week

15th - International Day of Families

17th - World Hypertension Day

21st - World Breastfeeding Protection Day

28th - International Day of Action for Women's Health

31st - World No Tobacco Day

JUNE

1st - Caribbean Nutrition Day

5th - World Environment Day

7th - World Food Safety Day

14th - World Blood Donor Day

15th - World Elder Abuse Awareness Day

26th - International Day Against Drug Abuse

DATA FOR ACTION

SELECTED HEALTH DATA

for the period

April - June , 2026

- This leaflet presents data routinely collected by staff within the Ministry of Health (MoH).
- The objective is to share quarterly health data with the general public.
- The data presented aims to highlight trends and potential problems.
- It is envisaged that positive trends will be re-enforced; negative trends will be addressed and opportunities to initiate pre-emptive and/or corrective actions will be embraced.
- The data generated were made possible by the entire health team and is intended to inform decision making policies using evidence based practices.

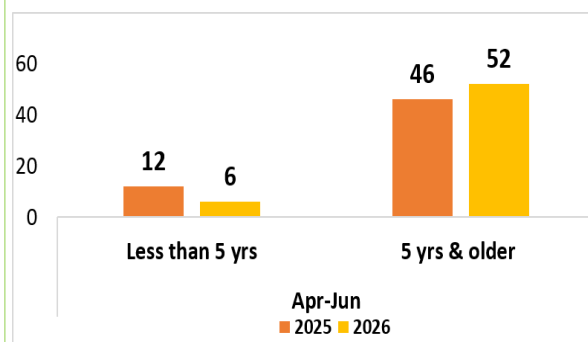
*The Right Knowledge
To the Right People
At the Right Time*

Communicable Disease Surveillance.

Outbreaks of Gastroenteritis (GE) and Fever & Respiratory Symptoms (ARI) , Undifferentiated Fever and Hand Foot and Mouth Disease were identified in the second quarter of 2026.

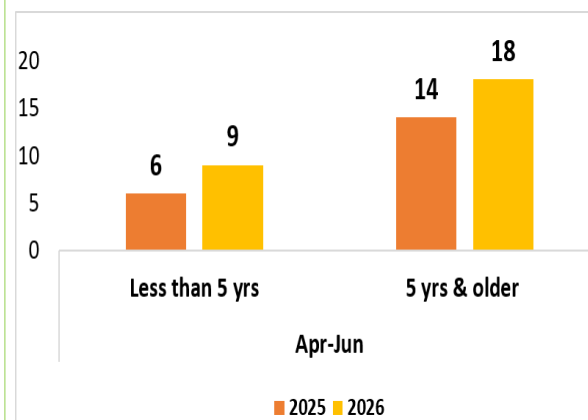
A total of 58 persons were treated (mainly at Out- Patient Department) for GE and discharged.

Graph Showing GE by Age Group 2025-2026



A total of 27 persons were treated (mainly at Out- Patient Department) for ARI and discharged.

Graph Showing ARI by Age Group 2025-2026



Communicable Disease Surveillance Cont'd.

For the period under review the following disease conditions were also reported:

Diseases	Reported Cases
Bacterial Conjunctivitis	Suspected - 4
Chickenpox	Suspected - 1
Chlamydial Infection	Confirmed - 8
Ciguatera Poisoning (Fish Poison)	Suspected - 4
Dengue Fever	Negative - 7
Gonococcal Infection	Confirmed - 1
Hand Foot and Mouth Disease	Confirmed - 15
Herpes Zoster	Confirmed - 1
Foodborne Illness	Suspected - 4
Influenza A & B	Confirmed - 1; Negative - 2; Suspected - 2
Undifferentiated Fever	Suspected - 19

The response to outbreaks is similar to previous years. Members of the Public Health team take action to inform the public of potential or actual outbreaks and provide information on strategies for the prevention and control of the diseases.



It's What You Can't See.

Tiny Bites, Big Threats:

Protect Yourself from Vector-Borne Illnesses.



Even a bottle cap can contain enough water for a mosquito to breed!

COVID-19 Update

The table below shows the overall number of COVID-19 cases, recoveries and deaths for 2020-2026.

Total Recoveries	1140
Total Deaths	7
Total Cases	1147

Non - Communicable Disease Surveillance. (NCD's)

For the period under review the table shows the number of visits at all Health Centres for NCD's.

No. of Patients	680
First visit to HC in year	404
Return visit to HC in year	276
Male	272
Female	408

Source: Nevis Health Promotion Unit using data reported by the Hospital, Community Health Centres and Private Physicians.

*Some cases are undergoing verification so numbers may change.